

**SPECIALTY EXAM: MUSCULOSKELETAL**

Refer to data section (table below) in order to quantify. After reviewing the medical record documentation, identify the level of examination. Circle the level of examination within the appropriate grid in Section 5 (Page 3).

| Performed and Documented | Level of Exam            |
|--------------------------|--------------------------|
| One to five bullets      | Problem Focused          |
| Six to eleven bullets    | Expanded Problem Focused |
| Twelve or more bullets   | Detailed                 |
| All bullets              | Comprehensive            |

(Circle the bullets that are documented.)

**NOTE:** For the descriptions of the elements of examination containing the words "and", "and/or", only one (1) of those elements must be documented.

| System/Body Area | Elements of Examination  |
|------------------|--|
| Cardiovascular   | <ul style="list-style-type: none"> <li>Examination of peripheral vascular system by observation (e.g., swelling, varicosities) and palpation (e.g., pulses, temperature, edema, tenderness)</li> </ul> |
| Lymphatic        | <ul style="list-style-type: none"> <li>Palpation of lymph nodes in neck, axillae, groin, and/or other location</li> </ul>  |
| Extremities      | (See Musculoskeletal and Skin)   |

|                              |  |
|------------------------------|--|
| Skin                         | <ul style="list-style-type: none"> <li>Inspection and/or palpation of skin and subcutaneous tissue (e.g., scars, rashes, lesions, cafe-au-lait spots, ulcers) in <b>four of the following six</b> areas: 1) head and neck, 2) trunk, 3) right upper extremity, 4) left upper extremity, 5) right lower extremity, and 6) left lower extremity</li> </ul> <p>Note: For the comprehensive level, the examination of all four anatomic areas must be performed and documented. For the three lower levels of examination, each body area is counted separately. For example, inspection and/or palpation of the skin and subcutaneous tissue of two extremities constitutes two elements.</p> |
| Neurological/<br>Psychiatric | <ul style="list-style-type: none"> <li>Test coordination (e.g., finger/nose, heel/knee/shin, rapid alternating movements in the upper and lower extremities, evaluation of fine motor coordination in young children)</li> <li>Examination of deep tendon reflexes and/or nerve stretch test with notation of pathological reflexes (e.g., Babinski)</li> <li>Examination of sensation (e.g., by touch, pin, vibration, proprioception)</li> </ul> <p>Brief assessment of mental status including:</p> <ul style="list-style-type: none"> <li>Orientation to time, place and person</li> <li>Mood and affect (e.g., depression, anxiety, agitation)</li> </ul>                             |

|                                |                 |
|--------------------------------|-----------------|
| Medicare Beneficiary ID Number | Date of Service |
|--------------------------------|-----------------|

| System/Body Area | Elements of Examination  |
|------------------|--|
| Constitutional   | <ul style="list-style-type: none"> <li>Measurement of <b>any three of the following seven</b> vital signs: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (May be measured and recorded by ancillary staff)</li> <li>General appearance of patient (e.g., development, nutrition, body habitus, deformities, attention to grooming)</li> </ul>  |
| Musculoskeletal  | <ul style="list-style-type: none"> <li>Examination of gait and station *(if circled, add to total at bottom of column to the left)</li> </ul> <p><b>NOTE:</b> Determine the number of body areas addressed within each bullet. Enter that number on the line beside each bullet. Total at the bottom of this box.</p> <p>Inspection, percussion and/or palpation: _____</p> <p>Assessment of range of motion: _____</p> <p>Assessment of stability: _____</p> <p>Assessment of muscle strength and tone: _____</p> <p>* Total Bullets: _____ (including gait and station)</p> <p>Examination of joint(s), bone(s), and muscle(s)/tendon(s) of <b>four of the following six areas:</b> 1) head and neck; 2) spine, ribs, and pelvis; 3) right upper extremity; 4) left upper extremity; 5) right lower extremity; and 6) left lower extremity. The examination of a given area includes:</p> <ul style="list-style-type: none"> <li>Inspection, percussion and/or palpation with notation of any misalignment, asymmetry, crepitation, defects, tenderness, masses or effusions</li> <li>Assessment of range of motion with notation of any pain (e.g., straight leg raising), crepitation or contracture</li> <li>Assessment of stability with notation of any dislocation (luxation), subluxation or laxity</li> <li>Assessment of muscle strength and tone (e.g., flaccid, cog wheel, spastic) with notation of any atrophy or abnormal movements</li> </ul> <p>Note: For the comprehensive level of examination, all four elements identified by a bullet must be performed and documented for each of four anatomic areas. For the three lower levels of examination, each element is counted separately for each body area. For example, assessing range of motion in two extremities constitutes two elements.</p> |

(Enter the number of circled bullets in the boxes below. Then circle the appropriate level of care.)

|             |                     |                          |                        |               |
|-------------|---------------------|--------------------------|------------------------|---------------|
| <b>EXAM</b> | One to Five Bullets | Six to Eleven Bullets    | Twelve or more Bullets | All Bullets   |
|             | Problem Focused     | Expanded Problem Focused | Detailed               | Comprehensive |

**Note:** The Chest (Breasts); Gastrointestinal (Abdomen); Genitourinary; Head/Face; Eyes; Ears, Nose, Mouth and Throat; Neck and Respiratory systems/body areas are not considered to be part of this Musculoskeletal exam.